**February Meeting Recap**

By Gina Schneider

Around 35 people gathered on February 21, 2018 at Yellowjacket Union. We had the opportunity to learn more about sleep disorders from a professional in the industry. Thomas Kelleher, a sleep specialist at St. Luke’s, shared with us the details about sleep disorders. Symptoms, diagnosis process, and treatment options were all covered. Thomas also included some trucking specific topics. Schneider has a sleep apnea treatment program and has done a study in their fleet. “The results of the study revealed that the rate of serious, preventable crashes was five times higher among truck drivers with OSA who did not adhere to Schneider’s sleep apnea treatment program, compared with matched controls. In contrast, the crash rate of drivers with sleep apnea who were fully or partially adherent with Schneider's treatment was statistically similar to controls,” per Schneider.com. Thank you for coming out for the event!

**Upcoming 2018 Events**

<table>
<thead>
<tr>
<th>Month</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>March</td>
<td>Autonomous Trucks</td>
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<tr>
<td>April</td>
<td>MNDOT</td>
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<td>May</td>
<td>DCC Tour</td>
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<tr>
<td>June</td>
<td>Fill a Truck Food Drive</td>
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<tr>
<td>July</td>
<td>Golf Outing (Nemadji)</td>
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<td>August</td>
<td>Sundew</td>
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<td>September</td>
<td>Health in the Transportation Industry</td>
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<tr>
<td>October</td>
<td>TBD</td>
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<tr>
<td>November</td>
<td>Past President’s Night (Blackwoods)</td>
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</table>

Thank you from your DSTA Board of Directors and Officers for your continued support.
Please join us Wednesday, March 21st, 2018 for the presentation:

AUTONOMOUS TRUCKS

University of Wisconsin– Superior
YellowJacket Union
Great Room A


Presenters:
Muqing Li (UWS)
Dr. Richard Stewart (UWS)
Alex Mackiel (River States)
Carl Svendsen (Halvor Lines)

Menu:
Chef Carved Beef and Chicken with sides
Cash Bar Available

Cost:
$30/member
$35/non-member

5:30- Social Time
6:00- Dinner
6:30- Presentation

Please use the attached registration form and email or mail your form and credit card reservation to:

kmckibbage@halvorlines.com
Halvor Lines, Inc.
ATTN: Kristin McKibbage
217 Grand Avenue

We had the opportunity to hear from Mike Wenholz during the February meeting regarding a Truck Route study for the Duluth Superior area. I’ve included a quote from Mike as well as information about the survey on the upcoming pages. Participation in the survey would be greatly appreciated.

“The purpose of the Duluth-Superior Area Truck Route Study is to plan for efficient, safe, and effective movement of trucks in the Duluth-Superior area. In an effort to provide the most useful recommendations possible, the Metropolitan Interstate Council (MIC) is seeking input from those working in the trucking industry to help us meet the goals of the Truck Route Study. The primary target audience for the survey are truck drivers and those who maintain truck route roadways.”

If you have any news/events you’d like featured in the headlight or on our website, please reach out to cloining@halvorlines.com.
Hi. At long last, the Duluth-Superior Area Truck Route Study (TRS) Survey is ready to launch!

There are two ways to take the survey. One via the attached paper copy, and one via an online version through the following link: https://www.surveymonkey.com/r/truckroute. Both survey options include an optional link to an interactive online mapping application for easier identification of specific locations a respondent wants to comment about. The survey, along with other TRS information, is also available on the TRS webpage of the MIC website at http://dsmic.org/study/truckroute/.

The survey is open through April 30, 2018.

Please distribute as you feel appropriate.

If you are using the paper copy, the address to mail it back is on the back of the survey. You may also mail it, or scan and email it to me via the contacts listed below my name.

The purpose of the TRS is to plan for the efficient, safe, and effective movement of trucks in the Duluth-Superior area. Receiving as many survey responses as possible from truck drivers, road and maintenance crews that work on truck route roadways, and others in the trucking industry will help us greatly to meet the purpose of the TRS, and improve trucking within and through the Duluth-Superior area.

If anyone has any questions regarding this email or the survey, please contact me.

Thank you,

Michael Wenholz
Senior Transportation Planner
Duluth-Superior Metropolitan Interstate Council
218-529-7573
mwenholz@ardc.org
2018 Duluth-Superior Area Truck Route Study Survey

The purpose of the Truck Route Study is to plan for efficient, safe, and effective movement of trucks in the Duluth-Superior area. In an effort to provide the most useful recommendations possible, the Metropolitan Interstate Council (MIC) is seeking input from those working in the trucking industry. Your responses will be kept anonymous, and are welcomed and appreciated.

All survey questions pertain to the Duluth-Superior area in the adjacent map.

Alternatively, you may complete this survey online at: https://www.surveymonkey.com/r/truckroute.

Survey is open through April 30, 2018.

1. What is your role in trucking?
   - Truck Driver
   - Warehousing
   - Trucking industry non-driver
   - Construction
   - Public sector
   - Other:

2. What do you pull and/or haul? Check all that apply.
   - Standard 53-foot trailer
   - Extended freight trailer
   - Flat bed
   - Tanker (liquid or gas) trailers
   - Logs/lumber
   - Extended log trailer
   - Automobiles
   - Construction Materials
   - Oversize loads
   - Heavy haul loads
   - Hazardous materials
   - Other:

3. Do you have any of the following concerns related to trucking regulations or their enforcement in the Duluth-Superior area? Check all that apply.
   - No problems with regulations or their enforcement
   - Regulations are confusing or difficult to understand
   - Regulations between jurisdictions are not uniform
   - Regulations between trucking types are not consistent
   - Concerns or issues regarding permitting
   - Regulations are difficult to find
   - Enforcement of regulations is not consistent
   - Enforcement penalties are too light (are not a deterrent)
   - Enforcement penalties too severe
   - Regulations are difficult to meet – Explain:
   - Other:

4. Are any changes to existing truck route signage needed?
   - No
   - Yes
   - If yes, identify where and explain:

   (Note, you may also provide comment via interactive map at www.bit.ly/truckroute)
2018 Duluth-Superior Area Truck Route Study Survey

5.  Are any traffic signal changes needed?

   [ ] No   [ ] Yes  If yes, identify where and explain:
   [Note, you may also provide comment via interactive map at www.bit.ly/truckroute]

6.  Are there any especially problematic truck route segments or intersections in the Duluth-Superior area?

   [ ] No   [ ] Yes  If yes, identify its location & describe the issue:
   [Note, you may also provide comment via interactive map at www.bit.ly/truckroute]

   Location 1: __________________________________________________________

   What is the problem? Check all that apply:
   [ ] Consistent congested traffic  [ ] Weight restrictions  [ ] Turns too tight
   [ ] Inadequate turning lanes     [ ] Bridge height           [ ] Other: __________

   Location 2: __________________________________________________________

   What is the problem? Check all that apply:
   [ ] Consistent congested traffic  [ ] Weight restrictions  [ ] Turns too tight
   [ ] Inadequate turning lanes     [ ] Bridge height           [ ] Other: __________

7.  How common are the following roadway or infrastructure issues along truck routes in the Duluth-Superior area?


<table>
<thead>
<tr>
<th>Potential Problem</th>
<th>Not an Issue</th>
<th>Common and Widespread</th>
<th>An issue in a specific locations (list where)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Road width – too narrow</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Shoulder width - too narrow</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Turning radius – too tight</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Resurfacing needed</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Regrading needed</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Turning lane(s) needed</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Better water drainage needed</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Other:</td>
<td></td>
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</tr>
</tbody>
</table>

Please return to: TRS Survey, MIC, 221 West First Street, Duluth, MN 55802  (by April 30, 2018)

Thank you for helping to improve the movement of trucks in and around the Duluth-Superior area!
DULUTH-SUPERIOR TRANSPORTATION ASSOCIATION

Wednesday, March 21, 2018

AUTONOMOUS TRUCKS

University of Wisconsin–Superior, YellowJacket Union (Great Room A)
Superior, WI 54880


5:30 p.m. - Social Time  6:00 p.m. - Dinner  6:30 p.m. - Presentation

REGISTRATION FOR: (contact name) ____________________ Business Phone: ____________________
Company ____________________________________________ Cell Phone: ____________________
Address ____________________________________________ City __________ State ______ ZIP __________
E-mail Address ______________________________________________________________________________

ATTENDING:
_______________________________________     ________________________________________
_______________________________________     ________________________________________
_______________________________________     ________________________________________
_______________________________________     ________________________________________

AMOUNT PAID: _________ member @ $30.00 each = $_________________
AMOUNT PAID: _________ non-member @ $35.00 each = $_________________

PAYMENT METHOD: Check #_____Payable only to: Duluth-Superior Transportation Association (or DSTA)
CREDIT CARD PAYMENT: _____VISA  _____MASTERCARD _____ DISCOVER _____ AMERICAN EXPRESS
NAME AS IT APPEARS ON CARD: ____________________________ BILLING ZIP CODE: ____________
CARD NUMBER: __ __ __ __ - __ __ __ __ - __ __ __ __ - __ __ __ __  EXPIRATION DATE: ____/____ (MO/YR)
3-DIGIT CODE ON BACK OF CARD: ___ ___ ___  SIGANATURE: ________________________________

Please e-mail your credit card reservations by Friday, March 9th 2018 to Kristin McKibbage at: kmckibbage@halvorlines.com, using this reservation form.

Mailed reservation forms must be mailed by Thursday, March 8th to:

Halvor Lines, Inc.  ATTN: Kristin McKibbage,
217 Grand Avenue, Superior, WI 54880
(715) 395-7102

Thank you!
Application to
Duluth-Superior Transportation Association
Year 2018 Membership

Please accept my application for membership or renewal of membership in the Duluth-Superior Transportation Association.
Please mark the appropriate line:
____ $40 Annual Dues  ____ $10 Full Time Student at
____ Support Paying Retired  ____ Retired - Mail Only  ____ $50 After April 1st, 2018

DUES ARE PAYABLE BY JANUARY 1ST FOR THE UPCOMING YEAR.

OPTIONAL I am enclosing an additional $40.00 for a link to my company's website on DSTA's home page. See banner at bottom of web page www.TheDSTA.com.
Web site url:

PLEASE PRINT CLEARLY OR TYPE

Date:

Name: ___________________________ Title: ___________________________
Telephone: work: (___) _______ Ext. _______ Cell: (___) _______
Company Name: ___________________________
Company Street Address: ___________________________
City: ___________________________ State: _______ Zip/Postal Code: __________
Email address: ___________________________
Company Web site: ___________________________

Member sponsored/recommended by (if any): ___________________________
Sponsor member’s company: ___________________________

PAYMENT METHOD

Check # ________ Payable only to Duluth-Superior Transportation Association (or DSTA)

CREDIT CARD PAYMENT: VISA MASTERCARD DISCOVER AMERICAN EXPRESS

NAME AS IT APPEARS ON CARD: ___________________________
CARD NUMBER: ___________ - _________ - _________ - _________
EXP. DATE: _____ / _____ (MO/YR)
3-DIGIT CODE ON BACK OF CARD: _______ BILLING ZIP CODE: _______

SIGNATURE: ___________________________

My application qualifies me for membership under the Constitution and By-Laws of the DSTA.

Signature of Applicant ___________________________

Please send signed application and check made payable only to DSTA to:
Dawn Evans, Dave Evans Transports, 19 East 3rd Street, Superior, WI 54880

Thank you and welcome to DSTA!